

#2 PE Xpo

Trinity Comprehensive School

Ballymun Rd, Dublin 9 Ireland | Ireland

Physical Activity

Physical Education

HEPAS

School Sport

Healthy Lifestyle

Curriculum, PE lessons



Continuous professional development



School events, project weeks, camps

DESCRIPTION:

PE Xpo was an idea founded by Paddy O'Reilly and Gerry McDonnell (both PE teachers at Trinity Comprehensive School, Ballymun) and Chris Steele (PE teacher) in January 2015. The main aim of PE Xpo is to promote PE as a subject in Ireland and to encourage secondary students to research PE-related topics. PE Xpo is a competition that examines the science behind sport. The exhibition day for PE-related projects takes place in the spring of each year, during which students display and present their projects to invited judges. The project categories are: ICT and Sports Photography; Power of Sport- Inclusion and Cultural; Well-being- Physical, Mental and Social; Components of Fitness - The Science Behind Sport; Nutrition; Games Development and Teaching Games for Understanding; Sports Psychology; Best Case Study in Leaving Cert Exam PE; Best Portfolio in Senior Cycle PE Framework. The Irish Primary Physical Education Association (IPPEA) became involved in 2018. The competition was adapted to cater to the needs of primary schools. The theme of the primary entries is What We Have Learned in Physical Education. Primary school teachers are asked to plan and record a teaching unit (150 minutes maximum) demonstrating their children's learning in Physical Education. The children document their learning through diary entries in which they draw pictures of their learning and respond to written prompts about specific aspects of that learning. These aspects centre on what they have learned through their Head (knowledge), Heart (self-esteem and social) and Hands (physical skills). Teachers display the children's learning on the PE Xpo day by creating a bulletin board display which includes a cover page and samples of the children's work. Representative children attend the event with their teachers to share their learning. Invited judges in the field of primary physical education select the best project of the day using the marking criteria in the Primary PE Xpo Handbook on the PE Xpo website.



COGNITIVE ENGAGEMENT

Children and young people need to understand and synthesise their knowledge in order to remember their learning and portray it on a display in line with criteria and written prompts about specific aspects of learning.



LEARNING NEW SKILLS

Young people's learning will be presented both visually and orally at the PE Xpo exhibition day. The acquisition of new skills will be made transparent in the presented and displayed projects. The students' will be visualised via the presentation of information, survey results and findings in reports, diary entries and related drawings. Knowledge will also be presented orally when responding to the judges' questions, which also represents communications skills.

ORGANISATIONAL NEEDS

Teachers need to guide secondary school students in working on their projects, while primary school teachers are required to plan, teach and record (on paper) a teaching unit with clear assessment strategies to allow children to record their learning in diaries. The paperwork and sample diaries are displayed during the PE Xpo exhibition day. All students present a talk to the judges about their learning.

If you want to know more about the practice

 pexpoireland.com



The successful implementation of this practice will help you reach one of the Moving Schools Award levels.

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