

DESCRIPTION:

Developing literacy and numeracy whilst developing fine and gross motor skills, with a specific focus on developing, enhancing and fostering Executive Function (EF) skills within the learning process. The activities are designed to be used predominately within a classroom setting, used as break-out activities, introduction activities and interventions. The emphasis is on learning literacy and numeracy whilst developing fine and gross motor skills, with a specific focus on developing, enhancing and fostering Executive Function (EF) skills.

BMT - IMPACT

- Fine Motor Skills Improved scissor skills and pencil. Gross Motor Skills - Improved physical skills, notably in children presenting with poor control at beginning of
- Focus and Concentration Improved ability to listen, follow and complete instructions
- Cognitive Ability Increase in percent of children achieving Early Level at end of Primary 1 in Maths & Numeracy and Literacy
- Cognitive Ability P1 children progressing at a faster pace and achieving milestones earlier than previous years due to BMT embedded in our ELC daily routines

LEARNING NEW SKILLS

The students develop mathematics skills through movement.



IMPACT ON ATTITUDES

The students learn the positive effects of regular physical activity on their level of concentration and energy.

ORGANISATIONAL NEEDS

Maths, English and PE teachers can help each other's subjects by identifying cross-curricular components.

If you want to know more about the practice

c education.gov.scot Contact: Dr Andy Dalziel / Fiona Bruce













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The successful implementation of this practice will help

you reach one of the Moving Schools Award levels.