

#16 BMT literacy/numeracy classroom activities

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Physical Activity

Physical Education

HEPAS

School Sport

Healthy Lifestyle

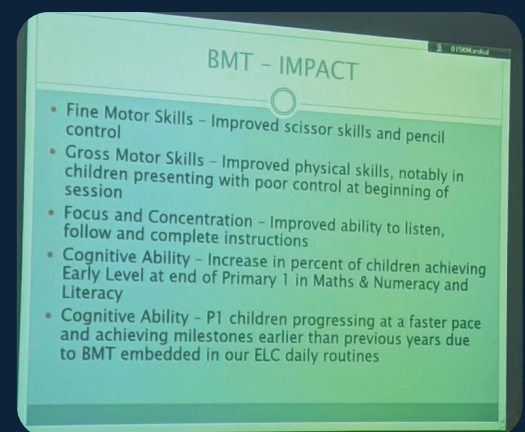
Active breaks



Active learning

DESCRIPTION:

Developing literacy and numeracy whilst developing fine and gross motor skills, with a specific focus on developing, enhancing and fostering Executive Function (EF) skills within the learning process. The activities are designed to be used predominately within a classroom setting, used as break-out activities, introduction activities and interventions. The emphasis is on learning literacy and numeracy whilst developing fine and gross motor skills, with a specific focus on developing, enhancing and fostering Executive Function (EF) skills.



LEARNING NEW SKILLS

The students develop mathematics skills through movement.



IMPACT ON ATTITUDES

The students learn the positive effects of regular physical activity on their level of concentration and energy.

ORGANISATIONAL NEEDS

Maths, English and PE teachers can help each other's subjects by identifying cross-curricular components.

If you want to know more about the practice

[education.gov.scot](https://www.education.gov.scot)

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The successful implementation of this practice will help you reach one of the Moving Schools Award levels.

www.movingschoolsaward.com