

#17 BMT (Bilateral Integration) Interventions

Owned by Better Movers Thinkers Limited. Intervention example from Scared Heart PS.

United Kingdom

Physical Activity

Physical Education

HEPAS

School Sport

Healthy Lifestyle

Active breaks



Active learning



Inclusion and diversity

DESCRIPTION:

This programme was devised by Mrs Sheila Dobie OBE and is designed to develop excellent coordination, balance and postural control, allowing for appropriate development and enhancement of sensory systems and the establishment of moving and thinking skills which lead to multi-processing and multi-tasking abilities.

Targeted at our pupils with:

- 1) Learning Difficulties
- 2) Disabilities
- 3) behavioural Issues
- 4) Social / Emotional Issues

This takes place in the form of daily 1-on-1 and small-group interventions throughout the week.

Tracking impact and standardised testing.



COGNITIVE ENGAGEMENT

Developing the addressed skills/abilities and thus enhancing the participating children's sensory systems is not possible without cognitive engagement.



LEARNING NEW SKILLS

The initiative aims to develop excellent coordination, balance and postural control, allowing for appropriate development and enhancement of sensory systems and the establishment of moving and thinking skills which lead to multi-processing and multi-tasking abilities.

ORGANISATIONAL NEEDS

The initiative relies upon teachers who have been pre-educated in the programme and are subsequently ready to implement it. The outcomes can be accessed by tracking the impact and through standardised testing, knowing that this also requires possession of the necessary evaluation skills and therefore possibly the establishment of a professional development training for teachers in advance.

If you want to know more about the practice

mestrecasa.gva.es



The successful implementation of this practice will help you reach one of the Moving Schools Award levels.

www.movingschoolsaward.com