

# #18 Family Race for Life

Sacred Heart Primary School

United Kingdom

Physical Activity

Physical Education

HEPAS

School Sport

Healthy Lifestyle

Family & community engagement



Active recess

## DESCRIPTION:

Our school takes part in the Race for Life every year. Inviting pupils and families to run together as a charitable event to raise money for cancer research.



## SOCIAL INTERACTION

The common goal helps the community to come together and contribute to a good cause.



## IMPACT ON ATTITUDES

Actively participating in a charity event enhances students' level of empathy and self-awareness.

## ORGANISATIONAL NEEDS

The topic or goal of the charity should be decided upon by a commission including school personnel, parent representatives as well as the municipality and other civic organisations.

### If you want to know more about the practice

[raceforlife.cancerresearchuk.org](https://raceforlife.cancerresearchuk.org)

Contact: Chris Crookston



The successful implementation of this practice will help you reach one of the Moving Schools Award levels.

[www.movingschoolsaward.com](http://www.movingschoolsaward.com)