

#26 Inclusive Sport Days

CEIP Novenes de Calatrava

Borriana, Spain

Physical
Activity

Physical
Education

HEPAS

School
Sport

Healthy
Lifestyle

Non-competitive school sport



Family & community engagement



Inclusion and diversity

DESCRIPTION:

This project aims to create awareness of adapted sports. Our intention is for the adaptive sports days to encourage our students to empathise with and appreciate the power and resilience of athletes with disabilities and assume that everyone can participate in sports regardless of functional diversity.

Over the course of a week, the students will spend the entire school day completing a series of activities related to adapted sports and functional diversity.

The activities fall under the areas of sport, music and art. They include practical workshops, sports games, simulations, talks, videoconferences, interviews, contests, parties, exhibitions, choreographed dance, colloquia, etc.

They will also participate in "days of coexistence" with students from local primary and secondary schools as well as special education schools and sheltered occupational workshops. At the same time, families will be able to participate in the project by engaging in solidarity campaigns and attending workshops on topics such as nutrition and healthy eating. For teachers, training sessions will also be held on various types of disabilities and disorders, as well as first aid and CPR.



SOCIAL INTERACTION

Diverse members of the local community (children, teachers, parents, school members, etc.) come together to work on the same topic.




IMPACT ON ATTITUDES

With different workshops demonstrating inclusive ideas, the event demonstrates how to value diversity and thus has the possibility of changing participants' attitudes.

ORGANISATIONAL NEEDS

Children need to be assisted while planning and preparing the different workshops and activities for the event week. An appropriate setting should be chosen and contributors who are ready to lead the various activities must be found. The outcomes can be assessed in the form of the number of participants and the diversity of the provided activities and workshops.

If you want to know more about the practice

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The successful implementation of this practice will help you reach one of the Moving Schools Award levels.

www.movingschoolsaward.com