# Healthy and physically active schools in Europe

## HEPAS School Staff Training: Evaluation

**Part 1: General information**

1a. Country

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1b. School / Organisation

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1c. What is your professional background? (if necessary, you may tick more than one answer)

* generalist primary school teacher
* primary school physical education teacher
* secondary school teacher
* secondary school physical education teacher
* other teaching qualification
* school educator (with no teaching tasks)
* member of the school management team (e.g. headmaster, principal, …)
* member of the school administration
* member of the local administration on community of municipality level in charge of schools
* member of the regional or national administration in charge of schools (e.g. ministry, …)
* external school collaborator (e.g. delegate of a sports club, …)
* other: please specify \_\_\_\_\_\_\_\_\_\_\_\_\_

1d. Date of the Training: \_\_\_\_\_\_\_\_\_\_\_

1e. Duration of the Training:

* 3 hours
* 4 hours
* 5 hours
* 6 hours
* 7 hours
* 8 hours
* More than 8 hours

1f. Which topics were addressed during the Training? (if necessary, you may tick more than one answer)

* The HEPAS Project
* The HEPAS Model of Active School
* The HEPAS Dimensions
* The HEPAS Examples of Best Practice
* The HEPAS Guidelines for Schools
* Communication, network and support to schools
* The Moving Schools Award
* other: please specify \_\_\_\_\_\_\_\_\_\_\_\_\_

**Part 2: The HEPAS resources**

**2.1 To what extent do you agree with the following statements about the HEPAS resources?**

To ensure the quality of the resources as well as improving the resources, we kindly ask you to answer the following questions. Please select the most relevant answer.

|  |  | disagree | rather disagree | rather agree | agree |
| --- | --- | --- | --- | --- | --- |
| 2.1.a | The HEPAS website is informative / includes all necessary information about the HEPAS project. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.b | The resources available in the HEPAS website are easily accessible. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.c | The HEPAS presentations inform well about the HEPAS project, the HEPAS model and its resources. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.d | The HEPAS examples of best practice are well designed. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.e | The HEPAS examples of best practice are useful for my school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.f | The HEPAS infographics are well designed. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.g | The HEPAS infographics are informative. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.h | The HEPAS Doodly videos are well designed. | **⃝** | **⃝** | **⃝** | **⃝** |
| 2.1.i | The HEPAS Doodly videos are informative. | **⃝** | **⃝** | **⃝** | **⃝** |

* 1. **Further comments on the HEPAS resources:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Part 3: General reflection**

To ensure the quality of the training as well as improving the training, we kindly ask you to answer the following questions. Please select the most relevant answer.

* 1. **To what extent do you agree with the following statements about the training?**

|  |  | disagree | rather disagree | rather agree | agree |
| --- | --- | --- | --- | --- | --- |
| 3.1.a | The training was adequately and logically structured. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.1.b | I gained new knowledge and information from the training. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.1.c | The training was methodically well designed. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.1.d | The topic of the training was relevant for my profession. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.1.e | The time frame of the training was appropriate. | **⃝** | **⃝** | **⃝** | **⃝** |

* 1. **To what extent do you agree with the following statements about the contents of the training?**

|  | | disagree | rather disagree | rather agree | agree |
| --- | --- | --- | --- | --- | --- |
| 3.2.a | The contents of the training was relevant to the situation at my school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.b | The presentation of the contents was clearly designed and easily comprehensible. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.c | The mentioned topics were sufficiently discussed. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.d | I was able to improve my knowledge about the contents of the training. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.e | I was able to learn something new regarding my occupation/profession. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.f | The contents will be helpful to me as a professional. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.g | The materials and resources are well prepared. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.2.h | I consider the HEPAS resources useful as I am able to identify ideas to make my school more physically active and/or healthy. | **⃝** | **⃝** | **⃝** | **⃝** |

* 1. **To what extent do you agree with the following statements about the implementation and feasibility of the training?**

|  |  | disagree | rather disagree | rather agree | agree |
| --- | --- | --- | --- | --- | --- |
| 3.3.a | The training motivated me to implement the contents at my school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.3.b | I will use the materials and resources which were presented at my school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.3.c | I can picture myself implementing HEPAS resources at my school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.3.d | The environment at my school is supportive for the implementation of the HEPAS resources. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.3.e | I feel competent to train my colleagues to develop/promote a more physically active and/or healthy school. | **⃝** | **⃝** | **⃝** | **⃝** |
| 3.3.f | I consider the HEPAS resources useful as they can be easily implemented in a school setting | **⃝** | **⃝** | **⃝** | **⃝** |

* 1. **I would recommend this training to my colleagues.**
* Yes
* Not sure / maybe
* No
  1. **Further comments on the content and/or implementation of the training:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for your support!